

AK-Wertung ICAN 64 Nordhausen Germany

Plg.	Name	Verein / Ort	AK	Swim Rnk	Bike Rnk	T2 Rnk	Run Rnk	Total	Jg	Strn.
1.	Deuring, Hannah	Hannover 96 Triathlon	Juniorinnen	16:35 (1)	1:38:31 (1)	1:08 (1)	0:49:48 (1)	2:46:02	1998	203
1.	Mettler, Jonas	Team ARNDT	Junioren	20:06 (1)	1:35:35 (1)	1:43 (1)	0:49:42 (1)	2:47:06	1998	290
1.	Dewaldt, Marc-Pascal	Jena	AK1 mnl.	18:53 (1)	1:44:35 (1)	1:40 (1)	0:46:22 (1)	2:51:30	1994	233
1.	Sourell, Juliane	Train your Town	AK2 wbl.	20:53 (1)	1:50:44 (1)	2:15 (2)	0:59:53 (1)	3:13:45	1990	216
2.	Nicodemus, Nadja	Nordhausen	AK2 wbl.	24:29 (2)	1:59:31 (2)	2:09 (1)	1:01:16 (2)	3:27:25	1988	214
1.	Schuchardt, Markus	LAC Eichsfeld	AK2 mnl.	18:36 (3)	1:31:41 (1)	1:41 (3)	0:41:54 (1)	2:33:52	1991	273
2.	Leuckefeld, Sebastian	Halle (Saale)	AK2 mnl.	17:24 (1)	1:39:20 (2)	1:45 (4)	0:47:36 (2)	2:46:05	1989	257
3.	Stritzel, Philipp	Nordhausen	AK2 mnl.	20:50 (4)	1:47:16 (4)	1:37 (2)	0:48:12 (3)	2:57:55	1990	277
4.	Nahrgang, Lukas	FSV Schröck	AK2 mnl.	18:14 (2)	1:46:40 (3)	1:30 (1)	0:55:25 (4)	3:01:49	1989	328
1.	Heins, Aenne Frederike	Buxtehuder SV-Triathlon Team Buxtehude	AK3 wbl.	20:14 (2)	1:44:07 (1)	1:43 (2)	0:50:20 (2)	2:56:24	1983	207
2.	Dörre, Katja	Paderborn	AK3 wbl.	18:13 (1)	1:51:24 (3)	1:43 (2)	0:47:01 (1)	2:58:21	1985	204
3.	Mackensen, Claudia	Nordhausen	AK3 wbl.	24:58 (3)	1:51:12 (2)	1:32 (1)	1:09:19 (3)	3:27:01	1986	211
1.	Knopf, Stephan	ORTHIM-Triathlon-Team	AK3 mnl.	17:58 (2)	1:28:50 (1)	1:21 (1)	0:41:44 (1)	2:29:53	1983	252
2.	Heinze, Sebastian	TV 1848 Coburg	AK3 mnl.	19:55 (6)	1:31:28 (2)	1:36 (5)	0:41:49 (2)	2:34:48	1983	300
3.	Schneegans, Simon	Duderstadt	AK3 mnl.	19:36 (4)	1:38:49 (3)	1:46 (7)	0:43:34 (3)	2:43:45	1986	272
4.	Dresler, Joerg	Lg eXa Leipzig	AK3 mnl.	18:24 (3)	1:41:54 (6)	1:33 (4)	0:51:24 (6)	2:53:15	1985	236
5.	Ludwig, Gerd	Halle (Saale)	AK3 mnl.	20:18 (7)	1:40:23 (5)	1:43 (6)	0:55:13 (8)	2:57:37	1984	258
6.	Voß, Thomas	Leipzig	AK3 mnl.	17:12 (1)	1:51:15 (9)	2:08 (11)	0:48:56 (5)	2:59:31	1983	282
7.	Meilinger, Raymund	www.passionforsports.de	AK3 mnl.	25:13 (12)	1:39:38 (4)	1:23 (2)	0:53:49 (7)	3:00:03	1987	327
8.	Garz, Christian	VfB Torpedo Ictershausen	AK3 mnl.	24:36 (10)	1:50:13 (8)	1:25 (3)	0:48:15 (4)	3:04:29	1983	241
9.	Friedrichs, Falko	Sartorius TriTeam	AK3 mnl.	20:41 (8)	1:49:53 (7)	2:03 (10)	0:58:51 (9)	3:11:28	1986	240
10.	Berndt, Matthias	Brandenburg	AK3 mnl.	19:51 (5)	2:02:00 (11)	2:02 (9)	0:58:55 (10)	3:22:48	1987	224
11.	Töpfer, Mario	Harztor	AK3 mnl.	22:25 (9)	1:55:33 (10)	1:46 (7)	1:09:05 (11)	3:28:49	1984	280
12.	Sorber, Sebastian	Erfurt	AK3 mnl.	25:02 (11)	2:09:51 (12)	3:35 (12)	1:10:16 (12)	3:48:44	1985	276
1.	Hoyer, Stephanie	Südharzer Laufshopteam	AK4 wbl.	19:49 (1)	1:54:23 (1)	1:40 (2)	0:53:39 (1)	3:09:31	1981	208
2.	Heinrich, Anita	ausdauertraining-dresden.de	AK4 wbl.	22:31 (2)	2:01:31 (3)	1:38 (1)	1:01:17 (2)	3:26:57	1982	298
3.	Wehling, Nicole	Duderstadt	AK4 wbl.	23:43 (3)	1:59:46 (2)	3:20 (3)	1:05:26 (3)	3:32:15	1982	218

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4.	Maier, Anika	Talheim	AK4 wbl.	30:03 (4)	2:12:11 (4)	4:40 (4)	1:21:24 (4)	4:08:18	1981	212
1.	Dörre, Martin	Triflow Bad Endbach	AK4 mnl.	15:12 (1)	1:34:32 (1)	1:22 (1)	0:47:29 (1)	2:38:35	1979	234
2.	Burtz, Enrico	Hannover 96 Triathlon	AK4 mnl.	16:37 (2)	1:37:13 (2)	1:43 (3)	0:49:25 (2)	2:44:58	1981	228
3.	Mötzing, Tobias	Feuerwehr Obersuhl	AK4 mnl.	20:14 (4)	1:45:28 (5)	1:40 (2)	0:49:46 (3)	2:57:08	1979	263
4.	Hengelhaupt, Thorsten	VfB Torpedo Ictershausen	AK4 mnl.	20:37 (5)	1:42:20 (3)	1:46 (4)	0:52:33 (5)	2:57:16	1978	244
5.	Wilfert, Sebastian	Nordhausen	AK4 mnl.	19:17 (3)	1:48:50 (6)	2:20 (6)	0:52:04 (4)	3:02:31	1981	285
6.	Berglund, Sean	Gurkenpower	AK4 mnl.	22:45 (6)	1:43:00 (4)	2:20 (6)	0:54:39 (6)	3:02:44	1978	223
7.	Ausmeier, Denny	Nordhausen	AK4 mnl.	24:18 (7)	1:50:41 (7)	1:54 (5)	1:10:09 (7)	3:27:02	1978	221
1.	Leuendorff, Anja	Berlin	Sen.1 wbl.	16:59 (1)	1:41:07 (1)	1:47 (1)	0:51:01 (1)	2:50:54	1977	210
2.	Hannemann, Bianca	Team Erdinger Alkoholfrei	Sen.1 wbl.	20:39 (2)	2:00:11 (2)	3:30 (3)	1:00:15 (2)	3:24:35	1974	206
3.	Bielke, Julia	Göttingen	Sen.1 wbl.	24:31 (3)	2:10:40 (3)	3:26 (2)	1:07:23 (3)	3:46:00	1973	201
1.	Martin, Kai	Erfurt	Sen.1 mnl.	20:02 (6)	1:35:21 (2)	1:38 (2)	0:44:56 (2)	2:41:57	1975	213
2.	Porzelt, Dominik	Mühlhausen	Sen.1 mnl.	18:29 (2)	1:32:38 (1)	2:03 (5)	0:49:24 (4)	2:42:34	1977	265
3.	Waletzki, Jan-Mark	ZGB Sangerhausen	Sen.1 mnl.	20:34 (8)	1:42:16 (4)	1:53 (4)	0:45:13 (3)	2:49:56	1973	283
4.	Baumann, Michael	Hardtseemafia	Sen.1 mnl.	19:45 (5)	1:42:59 (5)	2:14 (7)	0:52:59 (5)	2:57:57	1973	222
5.	Ruhm, Lars	Garbsener SC	Sen.1 mnl.	19:41 (4)	1:44:38 (6)	2:10 (6)	0:53:00 (6)	2:59:29	1973	270
6.	Johne, Michael	Hettstedt	Sen.1 mnl.	20:07 (7)	1:45:30 (8)	3:35 (11)	0:57:11 (7)	3:06:23	1974	249
7.	Schumacher, Joerg	Triathlon-Treff Sassenburg	Sen.1 mnl.	19:39 (3)	1:47:02 (9)	2:25 (8)	1:03:10 (9)	3:12:16	1973	274
8.	Hager, Nik	Bleicherode	Sen.1 mnl.	27:05 (12)	1:51:13 (10)	2:48 (9)	1:00:17 (8)	3:21:23	1976	296
9.	Würriehausen, Jens	Peter Sagan Express	Sen.1 mnl.	23:09 (9)	1:45:25 (7)	1:49 (3)	1:11:42 (11)	3:22:05	1974	287
10.	Werner, Steffen	Erfurt	Sen.1 mnl.	24:55 (10)	1:53:12 (11)	3:37 (12)	1:04:43 (10)	3:26:27	1977	284
11.	Kiszka, Michael	Erfurt	Sen.1 mnl.	26:10 (11)	2:10:28 (12)	3:18 (10)	1:23:14 (12)	4:03:10	1975	251
Disq.	Duscha, Thomas	Lg eXa Leipzig	Sen.1 mnl.	18:17 (1)	1:39:51 (3)	1:29 (1)	0:41:57 (1)	(2:41:34)	1976	237
1.	Zentrich, Michael	Roßbach/Hasse	Sen.2 mnl.	15:05 (1)	1:36:59 (1)	1:33 (5)	0:46:09 (4)	2:39:46	1970	288
2.	Böttner, Karsten	SBR Spangenberg	Sen.2 mnl.	16:44 (3)	1:37:13 (2)	1:36 (6)	0:44:48 (2)	2:40:21	1970	227
3.	Meise, Matthias	jedestrainingzählt / Rhumspringe	Sen.2 mnl.	17:47 (6)	1:41:39 (5)	2:30 (12)	0:49:03 (5)	2:50:59	1969	261
4.	Castiñeira Perez, Carlos	Hannover	Sen.2 mnl.	18:20 (9)	1:47:13 (11)	1:28 (2)	0:44:58 (3)	2:51:59	1969	230
5.	Jacob, Sven	SVW Triathlon	Sen.2 mnl.	18:11 (8)	1:41:24 (4)	2:09 (11)	0:51:17 (6)	2:53:01	1968	299
6.	Jungesblut, Frank	Tri Team Selm	Sen.2 mnl.	16:58 (5)	1:41:49 (6)	1:30 (3)	0:53:48 (7)	2:54:05	1971	250
7.	Goebel, Mark	Tri Team Fuldata	Sen.2 mnl.	15:38 (2)	1:37:15 (3)	1:26 (1)	1:00:46 (11)	2:55:05	1972	243
8.	Kochanski, Jörg	LG Ohmbachsee	Sen.2 mnl.	23:20 (13)	1:49:05 (12)	1:31 (4)	0:44:38 (1)	2:58:34	1972	253
9.	Kühne, Holger	Südharzer Laufshopteam	Sen.2 mnl.	17:58 (7)	1:47:02 (10)	1:37 (7)	0:55:36 (8)	3:02:13	1968	255
10.	Schmand, Markus	Team Erdinger Alkoholfrei	Sen.2 mnl.	20:40 (12)	1:42:11 (7)	2:04 (9)	0:59:03 (10)	3:03:58	1969	271
11.	Mauksch, Olaf	Kassel	Sen.2 mnl.	16:55 (4)	1:43:42 (8)	3:10 (13)	1:01:26 (12)	3:05:13	1968	260

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12.	Bertram, Dirk	SV Herrmannsacker	Sen.2 mnl.	18:35 (11)	1:46:18 (9)	2:07 (10)	1:03:35 (13)	3:10:35	1971	225
13.	Herbst, Thomas	TV Barchfeld	Sen.2 mnl.	18:33 (10)	1:55:14 (13)	1:43 (8)	0:57:48 (9)	3:13:18	1969	246
1.	Gentzel, Margrit	Südharzer Laufshop Nordhausen	Sen.3 wbl.	15:51 (1)	1:46:33 (1)	1:53 (2)	0:54:54 (1)	2:59:11	1967	205
2.	Biskup, Meike	TriAs Hildesheim	Sen.3 wbl.	19:45 (2)	1:55:45 (2)	1:45 (1)	0:59:21 (2)	3:16:36	1966	202
1.	Erny, Thomas	Academy of Life	Sen.3 mnl.	20:43 (7)	1:35:05 (1)	1:23 (2)	0:49:16 (1)	2:46:27	1967	238
2.	Bockisch, Dirk	SC Langenhagen	Sen.3 mnl.	20:09 (4)	1:41:24 (2)	2:11 (8)	0:49:55 (2)	2:53:39	1965	226
3.	Jäger, Heinz-Peter	TV Barchfeld	Sen.3 mnl.	22:14 (9)	1:45:51 (4)	1:58 (5)	0:52:52 (6)	3:02:55	1967	292
4.	Kögel, Timo	LG Rudelsburg Bad Kösen	Sen.3 mnl.	20:29 (5)	1:51:58 (5)	1:39 (3)	0:52:15 (3)	3:06:21	1967	254
5.	Rinn, Thomas	Nordhausen	Sen.3 mnl.	20:08 (3)	1:52:31 (6)	2:02 (7)	0:52:29 (4)	3:07:10	1966	269
6.	Timtschuk, Norman	www.trainyourtown.de	Sen.3 mnl.	19:29 (2)	1:43:13 (3)	1:52 (4)	1:03:27 (8)	3:08:01	1967	279
7.	Engel, Werner	ASK München Süd	Sen.3 mnl.	22:13 (8)	2:00:19 (8)	2:46 (10)	0:52:29 (4)	3:17:47	1965	297
8.	Reimuth, Uwe	Berlin	Sen.3 mnl.	20:31 (6)	1:55:01 (7)	3:14 (12)	1:06:02 (10)	3:24:48	1963	268
9.	Hensel, Uwe	Schlotheim	Sen.3 mnl.	18:34 (1)	2:02:01 (10)	2:01 (6)	1:04:34 (9)	3:27:10	1964	245
10.	V. Dammann, Wolfram	Nordhausen	Sen.3 mnl.	24:26 (12)	2:05:48 (11)	0:58 (1)	1:02:26 (7)	3:33:38	1964	281
11.	Daniel, Gunther	Friedberg	Sen.3 mnl.	24:00 (11)	2:00:31 (9)	2:28 (9)	1:11:06 (11)	3:38:05	1967	231
12.	Münch, Uwe	Südharzer Laufshop	Sen.3 mnl.	22:46 (10)	2:21:24 (12)	2:53 (11)	1:11:29 (12)	3:58:32	1967	289
1.	Kurch, Jörg	VfL28Ellrich	Sen.4 mnl.	20:25 (2)	1:52:20 (3)	1:40 (2)	0:50:19 (1)	3:04:44	1959	256
2.	Förster, Thomas	Mühlhausen	Sen.4 mnl.	23:55 (4)	1:51:27 (2)	2:45 (5)	0:51:39 (2)	3:09:46	1961	295
3.	Scholz, Michael	Harztor	Sen.4 mnl.	25:24 (7)	1:52:23 (4)	1:35 (1)	0:53:15 (3)	3:12:37	1962	291
4.	Endres, Karl-Heinz	TSG Limbach Triathlon	Sen.4 mnl.	19:43 (1)	1:45:50 (1)	2:58 (7)	1:04:52 (6)	3:13:23	1961	294
5.	Peppler, Stephan	LTV Obereichsfeld	Sen.4 mnl.	24:47 (6)	1:52:24 (5)	2:39 (4)	0:57:07 (4)	3:16:57	1959	264
6.	Pöse, Jörg	Tri City Darmstadt	Sen.4 mnl.	24:29 (5)	1:54:42 (6)	1:55 (3)	0:58:05 (5)	3:19:11	1962	266
7.	Feja, Ralf	1. SGV MHL	Sen.4 mnl.	22:09 (3)	2:19:36 (7)	2:54 (6)	1:11:02 (7)	3:55:41	1959	239
1.	Assmann, Holger	SV Wartburgstadt Eisenach Triathlon	Sen.5 mnl.	23:26 (2)	1:57:17 (3)	2:45 (2)	0:57:06 (1)	3:20:34	1954	220
2.	Cascales, Miguel	Voerde	Sen.5 mnl.	22:18 (1)	1:55:28 (1)	2:00 (1)	1:01:44 (2)	3:21:30	1955	229
3.	Graf, Winni	Triathlon Friedrichroda	Sen.5 mnl.	29:58 (3)	1:56:17 (2)	3:53 (3)	1:06:47 (3)	3:36:55	1955	326
1.	Dr. Henne, Klaus-Dieter	SV 1899 Mühlhausen	Sen.6 mnl.	18:52 (2)	1:46:28 (2)	2:37 (1)	1:08:13 (2)	3:16:10	1948	235
Disq.	Gebert, Roland	ASV Cham	Sen.6 mnl.	18:04 (1)	1:16:05 (1)	2:42 (2)	1:04:43 (1)	(3:16:37)	1943	242