

AK-Wertung ICAN 64 Nordhausen Germany

| Plg. | Name | Vorname | Verein / Ort | AK | Swim | T1 | Bike | Bike+T1 | T2 | Run | Total | Jg | Stnr. |
|------|----------------|-----------|-----------------------------------|------------|---------|---------|---------|---------|---------|---------|----------------|------|-------|
| 1. | Wegricht | Michael | Bike 24 TriTeam / SC DHfK Leipzig | AK1 mnl. | 0:12:20 | 0:01:35 | 1:31:24 | 1:32:59 | 0:01:13 | 0:40:09 | 2:26:41 | 1994 | 235 |
| 1. | Wilschewski | Heidi | Kleinfahner | AK2 wbl. | 0:21:07 | 0:04:16 | 1:59:40 | 2:03:56 | 0:01:30 | 0:57:30 | 3:24:03 | 1985 | 205 |
| 1. | Thomas | Jörg | Weimar | AK2 mnl. | 0:15:02 | 0:04:08 | 1:36:39 | 1:40:47 | 0:01:42 | 0:42:46 | 2:40:17 | 1985 | 227 |
| 2. | Stumpfenhausen | Jan | TRI LIZARDS | AK2 mnl. | 0:20:23 | 0:04:09 | 1:40:22 | 1:44:31 | 0:01:52 | 0:53:35 | 3:00:21 | 1987 | 234 |
| 3. | Peterseim | Manuel | Nordhausen | AK2 mnl. | 0:24:26 | 0:03:46 | 1:57:50 | 2:01:36 | 0:01:33 | 1:02:12 | 3:29:47 | 1988 | 220 |
| 1. | Pusch | Katja | Erfurt | AK3 wbl. | 0:22:40 | 0:04:22 | 1:59:31 | 2:03:53 | 0:01:33 | 0:55:16 | 3:23:22 | 1982 | 203 |
| 2. | Knothe | Susanne | Aldrans | AK3 wbl. | 0:20:07 | 0:05:45 | 2:13:57 | 2:19:42 | 0:02:31 | 0:57:53 | 3:40:13 | 1981 | 202 |
| 1. | Thielbeer | Jan | Leipzig | AK3 mnl. | 0:18:57 | 0:03:23 | 1:34:53 | 1:38:16 | 0:01:12 | 0:45:45 | 2:44:10 | 1983 | 226 |
| 2. | Knape | Karsten | Nordhausen | AK3 mnl. | 0:17:40 | 0:03:50 | 1:41:05 | 1:44:55 | 0:01:38 | 0:47:31 | 2:51:44 | 1980 | 217 |
| 3. | Thielbeer | Ralph | Leipzig | AK3 mnl. | 0:19:21 | 0:03:27 | 1:41:12 | 1:44:39 | 0:01:27 | 0:49:10 | 2:54:37 | 1980 | 225 |
| 4. | Bause | Tobias | Worbis | AK3 mnl. | 0:22:33 | 0:02:27 | 1:42:26 | 1:44:53 | 0:01:15 | 0:48:38 | 2:57:19 | 1983 | 207 |
| 5. | Pust | Alexander | Leinefelde | AK3 mnl. | 0:19:40 | 0:06:13 | 1:43:59 | 1:50:12 | 0:01:54 | 0:48:44 | 3:00:30 | 1981 | 221 |
| 6. | Malinka | Sebastian | Jena | AK3 mnl. | 0:24:36 | 0:05:05 | 1:39:54 | 1:44:59 | 0:01:46 | 0:49:17 | 3:00:38 | 1983 | 219 |
| 7. | Walzog | Sebastian | Thüringen | AK3 mnl. | 0:24:03 | 0:10:16 | 1:46:18 | 1:56:34 | 0:02:27 | 1:00:13 | 3:23:17 | 1983 | 232 |
| 8. | Höche | Patrick | Haynrode | AK3 mnl. | 0:21:46 | 0:04:31 | 1:58:32 | 2:03:03 | 0:02:09 | 1:00:21 | 3:27:19 | 1984 | 215 |
| 1. | Arndt | Marcus | Nordhausen | AK4 mnl. | 0:18:54 | 0:04:22 | 1:48:37 | 1:52:59 | 0:01:38 | 0:53:46 | 3:07:17 | 1975 | 206 |
| 1. | Schellenberg | Jana | Radebeul | Sen.1 wbl. | 0:17:03 | 0:03:54 | 1:53:43 | 1:57:37 | 0:02:11 | 0:59:08 | 3:15:59 | 1973 | 204 |
| 1. | Pflüger | Nico | Independiente | Sen.1 mnl. | 0:16:03 | 0:03:05 | 1:28:23 | 1:31:28 | 0:00:57 | 0:47:14 | 2:35:42 | 1974 | 233 |
| 2. | Creusen | Harry | Beek | Sen.1 mnl. | 0:19:43 | 0:03:00 | 1:42:08 | 1:45:08 | 0:01:34 | 0:49:50 | 2:56:15 | 1973 | 209 |
| 3. | Linder | Christian | Nordhausen | Sen.1 mnl. | 0:25:28 | 0:05:57 | 1:58:09 | 2:04:06 | 0:02:27 | 0:53:02 | 3:25:03 | 1972 | 218 |
| 1. | Gentzel | Margrit | Nordhausen | Sen.2 wbl. | 0:15:05 | 0:02:45 | 1:56:57 | 1:59:42 | 0:02:09 | 0:56:32 | 3:13:28 | 1967 | 201 |
| 1. | Schücke | Ralph | Radebeul | Sen.2 mnl. | 0:17:47 | 0:03:10 | 1:42:14 | 1:45:24 | 0:01:30 | 0:45:19 | 2:50:00 | 1969 | 223 |
| 2. | Feige | Jens | Nordhausen | Sen.2 mnl. | 0:20:16 | 0:05:51 | 1:43:02 | 1:48:53 | 0:02:18 | 0:49:51 | 3:01:18 | 1969 | 211 |
| 3. | Meyer | Manfred | VTB Triathlon Varel | Sen.2 mnl. | 0:20:16 | 0:07:56 | 1:53:36 | 2:01:32 | 0:02:35 | 0:54:56 | 3:19:19 | 1965 | 231 |
| 4. | Rinn | Thomas | Nordhausen | Sen.2 mnl. | 0:21:43 | 0:04:43 | 1:54:56 | 1:59:39 | 0:03:10 | 0:56:43 | 3:21:15 | 1966 | 222 |

| Pfg. | Name | Vorname | Verein / Ort | AK | Swim | T1 | Bike | Bike+T1 | T2 | Run | Total | Jg | Stnr. |
|------|----------------|--------------|-----------------------|------------|---------|---------|---------|---------|---------|---------|----------------|------|-------|
| 1. | Weinmann | Markus | Goslar | Sen.3 mnl. | 0:15:03 | 0:01:54 | 1:27:04 | 1:28:58 | 0:01:07 | 0:42:39 | 2:27:47 | 1962 | 229 |
| 2. | Gijzen | Gerard | Urmond | Sen.3 mnl. | 0:18:03 | 0:03:09 | 1:44:46 | 1:47:55 | 0:01:18 | 0:49:27 | 2:56:43 | 1961 | 212 |
| 3. | Bloy | Romeo | Erfurt | Sen.3 mnl. | 0:17:24 | 0:03:39 | 1:46:17 | 1:49:56 | 0:01:47 | 0:52:44 | 3:01:51 | 1961 | 208 |
| 4. | Dr. Winkelmann | Jörg | Borsdorf | Sen.3 mnl. | 0:18:56 | 0:02:58 | 1:56:28 | 1:59:26 | 0:01:36 | 0:59:42 | 3:19:40 | 1960 | 210 |
| 5. | Trost | Frank | Nordhausen | Sen.3 mnl. | 0:26:37 | 0:06:26 | 1:52:19 | 1:58:45 | 0:01:24 | 0:55:27 | 3:22:13 | 1963 | 228 |
| 1. | Rockstroh | Jürgen | TSV 1880 Gera-Zwötzen | Sen.5 mnl. | 0:18:36 | 0:03:16 | 1:50:55 | 1:54:11 | 0:01:45 | 0:57:41 | 3:12:13 | 1952 | 230 |
| 2. | Keitz | Ralf | Leipzig | Sen.5 mnl. | 0:27:07 | 0:08:45 | 2:38:28 | 2:47:13 | 0:04:20 | 1:17:17 | 4:35:57 | 1952 | 216 |
| 1. | Henne | Klaus-Dieter | Mühlhausen | Sen.6 mnl. | 0:17:41 | 0:05:11 | 1:45:41 | 1:50:52 | 0:02:26 | 1:04:45 | 3:15:44 | 1948 | 214 |